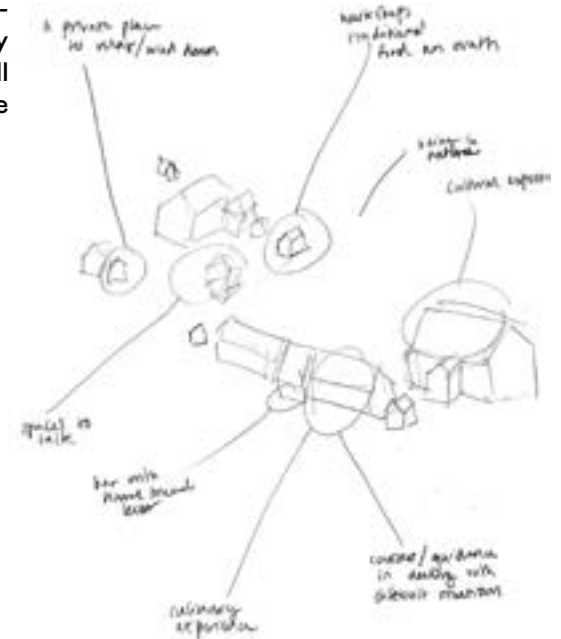


LIVSMESTRINGSTUNET

Weaving stories of people and places.

This project aims to find new potential in Uppigard Natadal, the 18th century farm my grandparents purchased in the 70s. Through adaptive reuse of the existing building mass together with some new additions, the farm will be transformed into "Livsmestringstunet", a place for people in challenging situations to come and attend workshops and meet others in similar situations. The farm offers a cultural, historic as well as culinary experience, giving guests a small break from whatever they are going through.



1:1 Scetch, Diploma Exhibition



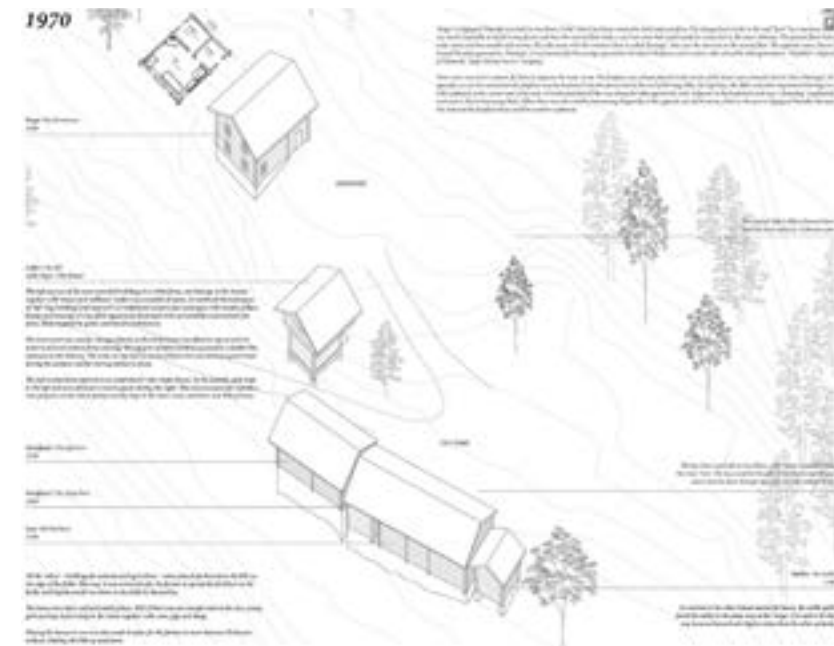
Uppigard Natadal lies on a mountain side North-East of Flatdal, in Seljord, Telemark. Most of the farm was built between 1740 and 1750, and in the following decades Uppigard Natadal was a relatively large farm, with 11 'husmannsplasser'.

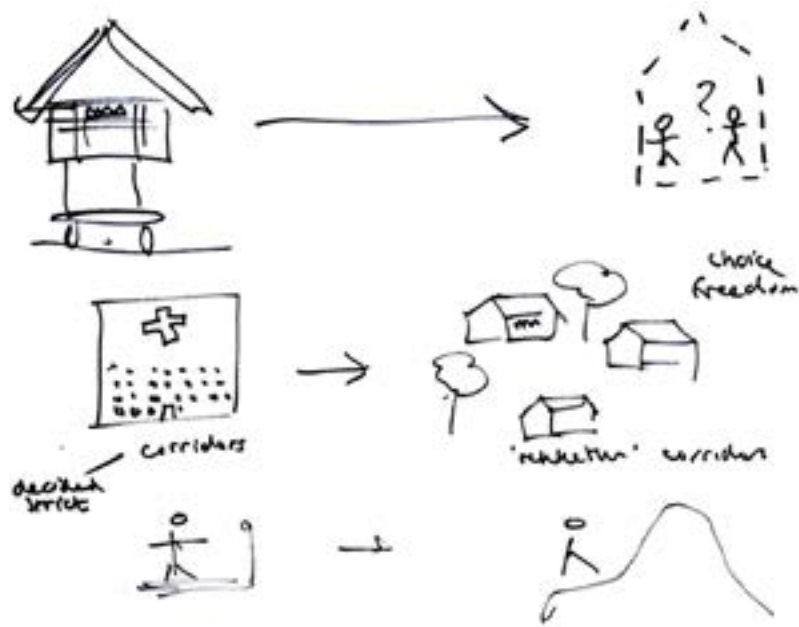
Six of the original log houses were still remaining when my grandparents purchased the farm in the 70s. They built a new addition to stoga and moved in together with their 3 children.

The new barn was finished in 1990 and since then Uppigard Natadal was again functioning

as a farm. In 1994, the new eldhus was raised, and in 1996, the old barns were turned into a dinner hall, kitchen, meeting room, reception and guest rooms. In the latest years, all the remaining log houses have been turned into additional guest rooms, and they built a carport, playhouse, bakers house and bbq-hut.

Over the last 25 years, Uppigard Natadal has mainly functioned as a guesthouse and event space, with gradually decreasing farming activity. Now, as the farm is being passed down a generation, there is opportunity to rethink the future of Uppigard Natadal.





My starting point in this project was to research the farm's history and understand why it is organised how it is. I learned about the 'rekketun' typology and about the houses' different functions and how function relates to form.

This knowledge enabled me to approach the project. I wanted the new additions to, in some ways, follow the logic of the traditional typology. The new guesthouses are inspired by the loft in scale and form, placed in rows with the other houses as

typical of 'rekketunet'. The new reception building reads as an extension of the old hay barn, binding it together with the old pig barn, which now houses service functions.

The newer barn from 1990 is transformed into a guest house with multiple accessible rooms and a flexible exhibition room on the top floor.

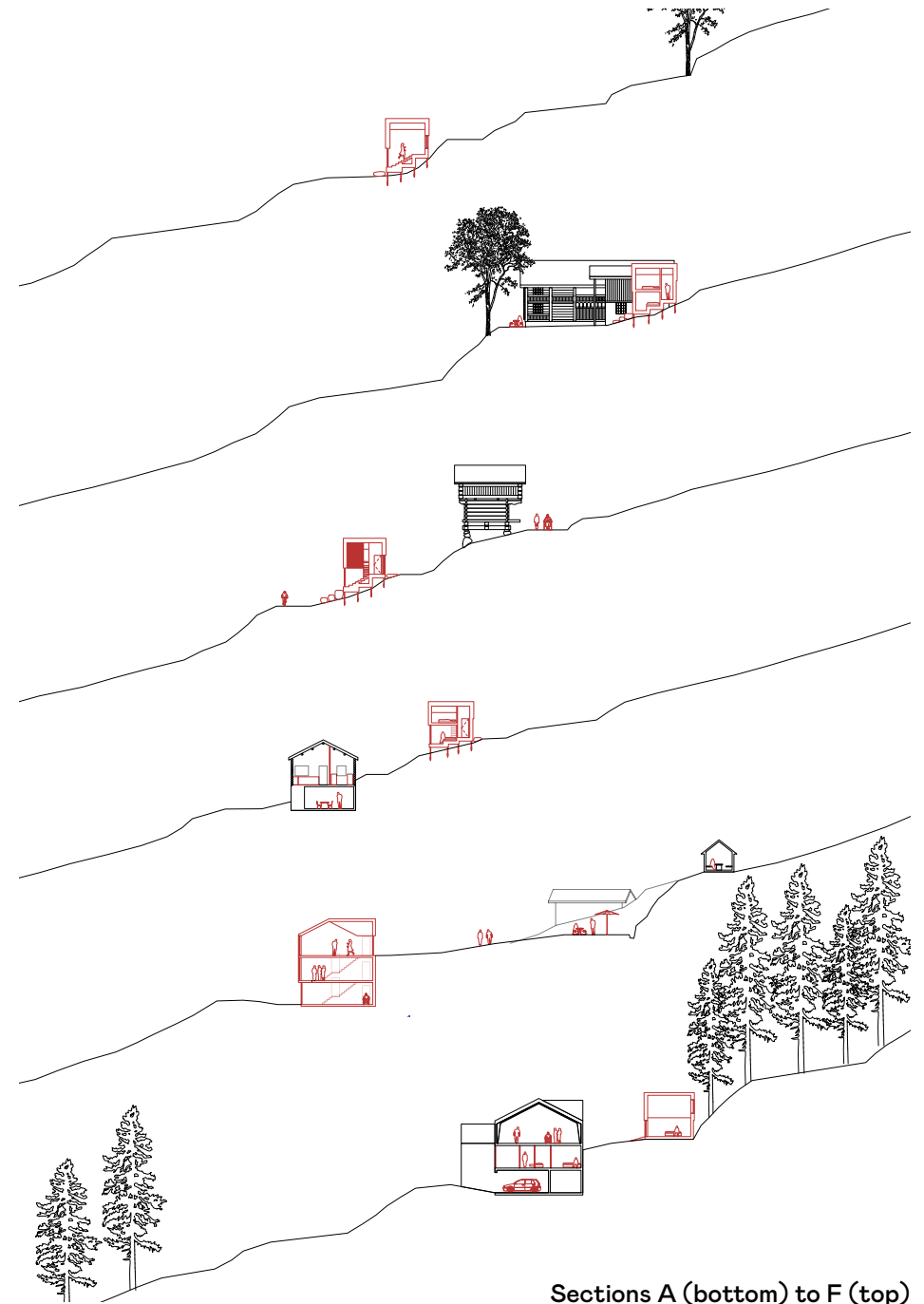
By directing the cars out of 'tunet' it becomes an open social space.



Axonometric view of proposed situation



Plan of proposed situation



Sections A (bottom) to F (top)

In an interview with Arkitektens hjem, architect and professor at AHO Erik Langdalen states that the secret to making old houses something more than a museum is to fill them with people. It was important for me to find a new program that could ensure the future of the houses in Natadal while also exploring the potential of tunet as an alternative to a farm or guesthouse.

The proposed new program is inspired by a Sandra and Rune, who visited Natadal last summer. Sandra had cancer. While Rune hiked the nearby mountains, Sandra participated in baking courses and drank white wine in

the sun. To them, Uppigard Natadal became a nice getaway from the city, where they could spend time in a calm environment, surrounded by nature and historic architecture.

I think Uppigard Natadal can have something to offer to many people, not only cancer patients. Livsmestringstunet can offer an alternative to the sterile insitutions most people in challenging situations are directed to for support and counseling. Here, corridors and vinyl floors are substituted with the smell of grass and wood, accompanied by captivating views over Flatdal.

1:100 model



Drawings and 1:100 model, Diploma Exhibition

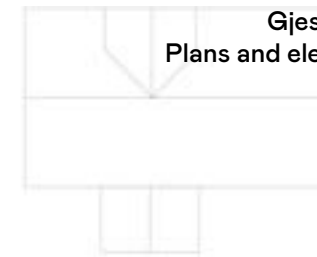
Gjstelåven
Plans and elevations



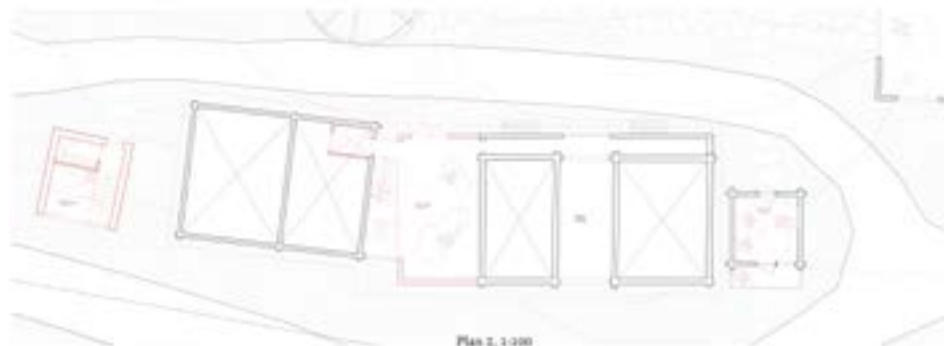
South West Elevation, 1:100



South East Elevation, 1:100



Roof plan, 1:100



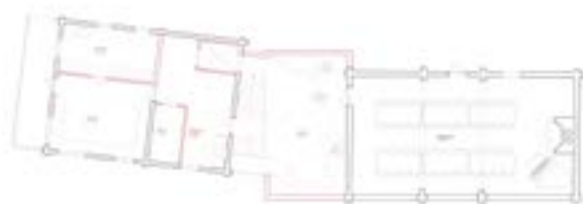
Plan 2, 1:100



North East Elevation, 1:100



Plan level 2, 1:100



Plan 3, 1:100



North West Elevation, 1:100



Plan level 1, 1:100



Plan 4, 1:100



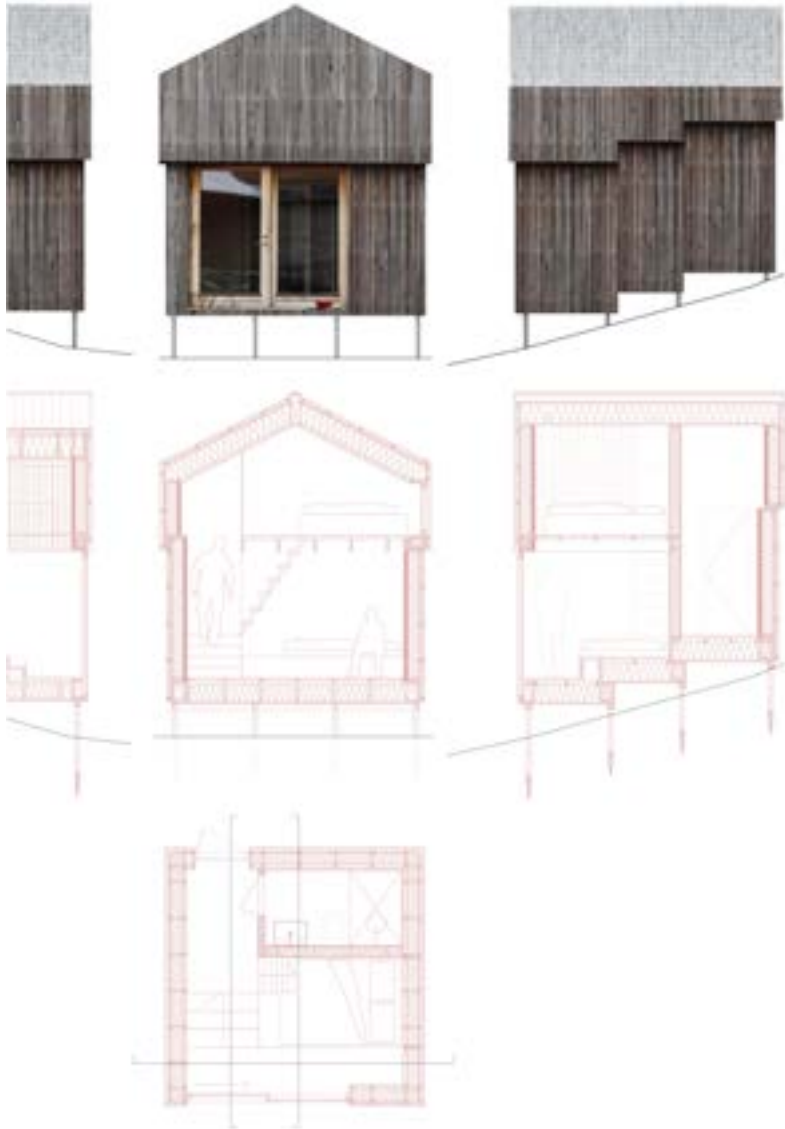
South West Elevation, 1:100



Plan level 0, 1:100

Gamlelåven
Plans and elevation





Gjesteburet
Plans and elevation



Gjesteburet
1:25 Model, Diploma Exhibition